

May 2017

Dear Supporter,

May is a month of blossoming flowers and planted gardens. It's a time of feeling renewed, positive and hopeful. That's why Counseling Care and Services Inc. has chosen May to kick off our Spring fundraising campaign. We are asking for a monetary gift, no matter how small or large, which is tax-deductible. Our not-for-profit garden was planted in 1984 and we are very proud of the fruits of our labor.

The need for compassionate, quality mental healthcare continues in our community. We are honored to say we have never wavered and our message has always been clear and honest. We are here to help reestablish hope and emotional wellness in the lives of those who need it most. This in turn results in a safer and flourishing community.

Every day we receive requests for counseling from those who are struggling with emotional difficulties caused by mental conditions. Many are facing financial difficulties or may not have health insurance, which hinders their ability to get the care they desperately need. At Counseling Care and Services we are helping to make a difference through the empathetic, conscientious and professional care of our counselors by:

- \*Offering psychotherapy to individuals 6 – 76+ years of age who suffer from emotional and mental conditions.
- \*Providing individual and family therapy using the latest and most effective treatment methods.
- \*Treating children through Play Therapy in an environment that optimizes their treatment and healing.
- \*Assisting people from our 14 surrounding communities in alleviating emotional pain and achieving a better quality of life.

Nearly one quarter of Americans and their families are affected by mental illness. Mental illness is also the leading cause of disability. Throughout our community, innocent people are suffering from anxiety, depression, abuse, loss, emotional pain or conflict. That can be greatly impacted with proper treatment. We believe we are making a difference in our community by "blooming where we're planted."


**Please know that your tax-deductable gift will make a difference.** Just like a seed planted is the beginning stage of developing a strong healthy flower or a nutritious vegetable, your gift will be the seed that helps to bring back strength and healing to those who struggle with mental illness.

Sincerely,



Sebastian Huemer  
President, Board of Directors

Yours Truly,



Marilyn Wheeler  
Executive Director

**Counseling Care & Services, Inc.**

405 Vliet Blvd. Cohoes, NY 12047 (518) 237-4263

Your special gift helps someone in need receive counseling. Please make checks payable to *Counseling Care & Services, Inc.* and mail to the address above. Thank you!

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

This gift is made  In Memory of  In Honor of \_\_\_\_\_

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