



December 2018

Dear Friends,

We are writing, in part, to thank you for your past consideration in donating to Counseling Care & Services during the holiday season.

However, we are currently in a rather serious situation and need your help in keeping our doors open to the many people we serve in Cohoes and throughout the Capital District. We truly hope that you can help us as expenses to maintain our not-for-profit counseling center, includes salaries for our therapists and part time office staff, insurances, supplies, etc. These are basic expenses that need to be covered in order for us to continue to offer quality mental health treatment to adults, children and families. CC&S is recognized throughout the area for our quality of care.

In these difficult times there has been a shortage of qualified professionals that are able to join us in providing the mental health counseling so needed in our community. We currently have a waiting list of those in need of counseling; however we are understaffed and cannot meet the demand for counseling services. As we are limited in the number of people we can provide services to, it is also difficult to generate enough funds to support our mission. Furthermore, many in need of counseling often face their own challenges due to the changes in the health care system. Many do not have mental health insurance, cannot find therapists accepting new patients, or there are transportation issues. These challenges speak to the importance of keeping Counseling Care & Services in our community to provide counseling services even to those without insurance and within close proximity to those we serve.

Counseling Care, in our 35 years of service, has never needed your financial gift more than now. We know you may only be able to give in a small way, but your help will be greatly appreciated. Your gift will help us through these difficult times as we continue to look for qualified therapists to join our mission. The clients we serve need us to continue providing counseling services in our community. We hope you will support our essential work by making a tax-deductible donation to bring the peace and goodwill of this season to the folks we serve.

We thank you for your consideration and wish you a peaceful holiday season, and a happy and healthy New Year going forward.

Sincerely yours,

Marilyn Wheeler
Founding Director

Jen Doesburg
Clinical Director

Sebastian Huemer
President, Board of Directors

MY HOLIDAY GIFT

To Counseling Care and Services, Inc.

I have enclosed a gift in the amount of \$_____

Name: _____

Address: _____

Return to: Counseling Care and Services, Inc.

405 Vliet Blvd.

Cohoes, NY 12047

(Your gift is fully tax deductible) *Thank You!*